

LIST OF MEDICINES / EQUIPMENT/AIDS ALAN NEEDED

For MND

RILUSOLE TABLETS

For prevention of sores

PROSHIELD

MERCURY AIR PRESSURE MATTRESS

Skin care and dressings

E45 CREAM

E45 Itch cream

HYPAFIX - alternative to Micropore tape

DuoDerm extra thin dressing – to protect nose from mask pressures

For bowel issues

DOCUSATE SODIUM – taken orally initially then administered via PED

LACTULOSE Oral solution

LAXIDO ORANGE ORAL POWDER SACHETS

SENNA

For breathing and swallowing issues

CARBOCISTEINE

MUCOCLEAR – inhalation solution

MUCODYNE SYRUP

GLYCOPYRRONIUM (via syringe driver)

ORAL MORPHINE – ORAMORPH

For anxiety, stress and depression

LORAZEPAM

MIDAZOLAM

CITALOPRAM

Pain relief

PARACETOMOL

DIAMORPHINE

For mouth and saliva issues

ATROPINE DROPS (to reduce saliva production)

HYOCINE TRANSDERMAL PATCHES (to reduce saliva production)

BIOTENE SALIVA REPLACEMENT GELL (to relieve dry mouth)

GLANDOSANE SYNTHETIC SALIVA SPRAY

NYASTATIN – to treat oral thrush

For fluid retention

FUROSEMIDE

For blocked nose

STERIMAR

Nutrition

Fortisip Compact liquid drinks

Equipment/Other

- Hospital profile bed
- Electric wheelchair
- Tilt in space shower chair
- Commode chair
- Ventilator
- Cough assist machine

- Nebuliser
- Suction machine
- Eyegaze - eye-tracking device to aid communication and turning selected household devices on/off (ie TV, lamps)
- Splints - to keep wrists and fingers straight
- Inflatable boots – to keep feet off bed to avoid bedsores
- Red slip sheets - to move Alan while in bed
- Waterproof mats - to protect mattress from soiling – commonly known as Kylie mats.
- Hydrate bottle with flexible tube
- Radar key – to access public disability toilets

Please note: This article does not provide medical advice.

No content is intended to be a substitute for professional medical advice, diagnosis, or treatment. The views expressed in the book, Life's Good, are purely the views of the author. The author is not a medical expert and recommends readers affected by MND always consult their GP, MND specialist and other medical specialists appropriately.

<https://lifegoodbook.co.uk>